

## **FFC Experiential Learning Requirement: Fractional Experiential Credits Completion Guide**

The [guidelines](#) for the Experiential Learning requirement of the Forester Fundamental Curriculum (FFC-EL) specify that the FFC-EL is equivalent to a one-course workload (150 hours) and it allows students to

- (a) apply knowledge acquired in their Lake Forest College coursework and
- (b) build hands-on skills in a new context.

Although most students will fulfill the FFC-EL requirement with a single 1.0 credit-based project, students can also satisfy the requirement with a series of fractional credit-based projects (e.g., 0.25, 0.50, 0.75 credits) once these projects sum to 1.0 credit (or more). There are many fractional credit-based projects, such as independent research, practica, for-credit peer teaching, for-credit peer mentoring, for-credit tutoring, and the 4-week Summer Richter.

To illustrate this, let's imagine that a student completed a 0.50 credit 4-week Summer Richter project in the summer after their first year, then earned 0.25 credits as a peer mentor as a sophomore, and finally completed a 0.25-credit independent research project as a junior. Cumulatively, these three fractional experiential projects sum to 1.0 credit and, together, they satisfy the FFC-EL requirement.

**Following completion of the final fractional credit-based project (i.e., the one that reaches or surpasses the 1.0 cumulative credit threshold), then you must complete the following steps:**

1. Meet with your [academic advisor](#) once your fractional experiential credits exceed the 1.0 credit threshold. Review this FFC-EL Fractional Credits Completion Guide with the academic advisor.
2. After the meeting, prepare the following (ideally as a Word document that can easily be shared with your academic advisor):
  - Provide a list of the fractional experiential credits that meet or exceed the cumulative 1.0 credit threshold. Be sure to include the terms during which each fractional credit was completed.
  - Provide a written reflection (500-word minimum) that adheres to the following guidelines:
    - a) Summarize the projects and evaluate how they applied skills that you gained in the classroom.
    - b) Explain how the projects added new skills to your competencies.
    - c) Articulate how you will describe to a prospective employer, graduate school, or other audience the ways in which these experiences contributed to and enhanced your education.
3. Share this information with the academic advisor to ensure that it has been completed properly.
4. Once the academic advisor is satisfied with your responses, then complete the [FFC-EL Fractional Credits Completion Form](#) on my.lakeforest.
5. After submission, your academic advisor automatically will be prompted for approval. After the advisor approves, the form automatically will be sent to the Registrar who will mark your FFC-EL requirement as complete.